

Needles & Pins

January/February/March 2009

La Plata Quilters Guild's Quarterly Newsletter

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President's Message

Vicki says farewell:

Dear LPQG Members,

I can't believe that 2008 is already history. I hope all of you had the opportunity to indulge in our quilting obsession. I can't believe the programs that LeeAnn worked so hard to bring to us gave us plenty of inspiration, and taught us some new things. The quilt show was so inspiring. I think we get better every year.

I am very excited about our outreach this year. I believe this year will be a financially challenging one for a lot of charities, so I'm thrilled that we are going to be doing more.

This year is our 10th anniversary for the Small Quilt Auction. This is going to be the best one yet.

Thank you so much for all of your hard work and dedication. You are what makes this guild so great. I count it as a great honor to have such amazing friends. Let's get ready for a fantastic new year.

Your quilting friend, Vicki

Heeeeer's Robin!

Hello fellow quilters,

I am really looking forward to this year as I embark on a new challenge; I have never been a president of anything. Beth has so many ideas for outreach. Every month there will be an opportunity to work on a community oriented project. But, it's not all about what we can do for others; there will be several opportunities to work on new projects for ourselves, too. Vickie has come up with a clever idea for a Round Robin type project which I'm sure many of you will want to participate in. Chris will present another mystery quilt. The first mysterious clue will be available at the January meeting. Shannon has been working to bring us entertaining and inspiring programs.

I love this time of year, all of the holiday insanity is over and I am anticipating the snowy days ahead spent in my sewing room. I have a fun project to look forward to this winter. For Christmas, I asked my two nieces who are art students in New York City to pick out some fat quarters to remind me of them. I will incorporate the fabrics they picked into a scrappy quilt. I am on the search for some fun novelty prints to go along with their selections. I always love the beginning of a new season and a new year almost as much as starting a new quilt.

Happy quilting,

Your soon to be president, Robin

This issue is dedicated to our beloved sister in quilting, Beth Scales, who left us on January 7, 2009. We shared our quilting experiences with her and she shared her strength, perseverance, good nature, great sense of humor and positive attitude with us. Surely she has already joined a quilt guild in heaven. We will miss you Beth. Thanks for the time you gave us.

BOARD MEETING MINUTES, DECEMBER 7, 2008

Present: Vickie Ezzell, Pat Akers, Chris Pfeiffer, Sharon Weibel, Linda Mount, Lee Ann Vallejos, Sharon Brittain, Cindy Amidon, Beth Emrich, Noel Tambre, Celia Bronson, Robin Mason, Shannon Story, Heather Lundquist, Marcia Sabeti, Barb Morgan, Melanie McClaren, and Susan Geddes.

The meeting was called to order at 1:48 p.m. Sharon W. made a motion to approve the minutes of the previous board meeting; Linda seconded the motion and it was passed unanimously.

Treasurer: Linda reported that the General account has a balance of \$2,557.31; and the Raffle Account has a balance of \$886.29. She then presented the 2008 expenses and the 2009 proposed budget.

Membership: Cindy reported that we now have 96 members.

Programs: Shannon presented her list of 2009 Programs and Lee Ann reported that the 2008 Programs were complete and had gone well.

Outreach: Beth reported Outreach has concluded its activities for 2008, and presented her ideas for 2009, including monthly Saturday sew-days.

Newsletter: Robin reported that she and Marcia will work together on the first newsletter of 2009. We discussed and voted to change the frequency of newsletters to once every three months in order to conserve our budget.

Hospitality: Pat volunteered to help out with this position until a permanent Hospitality person could be found.

Public Relations: Pat reported that she had some great ideas for 2009 PR.

Raffle Quilt: Barb reported that the quilt is nearly complete, and they hope to show it at the January meeting.

Old Business:

Board Positions – Vickie reviewed the list of new Board officers, and 2009 budget for each position and committee was discussed.

New Business:

Rack Expenses – Barb and Noel presented a request for new rack parts to help in building outside corners for the fair. The request was discussed and Barb will order one part to make sure it fits our racks before investing in the remaining parts.

2010 Raffle Quilt: Vickie/Robin will announce that we are ready to get started on this quilt and request that one of our members head up the committee.

Program – The person who signed up to be co-program did not attend this mandatory meeting. Vickie will contact her and attempt to find out her intentions.

Challenge Quilt – Linda presented her idea for the 2009 Challenge Quilt, and will present it to the membership at the January meeting.

Mystery Quilt – Chris has an idea for a mystery quilt for 2009, and will present to the membership in January.

Round Robin – Vickie has a new round robin idea that should be less stressful to our members. She will present it to the membership at the January meeting.

Board Meeting – a discussion about when to have board meetings took place. We decided to try a 5:00 meeting just before the general membership meeting on January 22. If it does not work out, we may meet after the general membership meeting in the future.

The meeting was adjourned at 3:40 p.m.

Respectfully submitted by Chris Pfeiffer, Secretary

Program News

Community Outreach 2009 – Saturday Sew Days – Block of the Month

This year we will get a “three-fer” by combining outreach with sew days using our blocks of the month. Kerianne Zdimal (B-O-M committee chair) will organize our monthly block patterns to then be used at Saturday sew days to make quilts for charitable organizations in the area. Beth Emrich who is our Community Outreach chair as well as our Saturday workshop committee person (gotta love those double dippers) came up with this brilliant idea. Who says quilters aren’t the most brilliant individuals? What will be really brilliant is if we can follow Beth’s schedule (it is tentative depending on the help Beth receives) and really make a difference for some of the people in this community. Beth has booked **Christ the King Church** on the **last Saturday of the month** starting in February. The sew day will start at **9:00 a.m.** If you have any questions about this call **Beth at 259-1863 (H) or Kerianne at 247-7382 (C).**

Saturday Date	Sew Day Theme	Benefit	Block of the Month
January 24 th			Buttercup
February 28 th	Red, white & blue stars	Blue Star Mothers	Buttercup
March 28 th	T- Shirt Quilts	Volunteers of America	Churn Dash
April 25 th	Buttercup	Women’s Health Coalition	Churn Dash
May 23 rd	Nine-patch Snowball	Volunteers of America	Nine Patch
June 27 th	Friendship Stars	Project Linus	Friendship Stars
July 25 th	X’s and O’s	Project Merry Christmas	Friendship Stars
August 29 th	Greek Cross	Project Merry Christmas	Greek Cross
September 26 th	Orphan Block for SQA 2010	Project Merry Christmas	Greek Cross
October 26 th	Finish up Projects	Project Merry Christmas	Block-in-a-box
November 21 st	Finish up with stash/plan for next year		BOM for a winner

Time to turn in your 2009 Membership Form!

It’s that time of year again. Time to renew your membership in the best Quilt Guild in Durango. You’ll find the form at the end of this newsletter (2nd page from the back) to help you do just that. Fill it out and mail it to LPQG, P.O. Box 2355, Durango, CO 81302 (with your 25 bucks, of course) or bring it to the meeting on January 23.

Changes to the Membership Roster

We’ve had one new member join since the last newsletter. Please update your roster to with the following:

New Members:

Last	First	Address	City	State	Zip	Home	Work	B-day e-mail
Lewis	Christy	2412 Catalina Court	Farmington	NM	87401	505-325-4421	505-320-4352	chlewis4@msn.com

2009 Budget

INCOME:

Membership dues	\$2,500.
Newsletter Ads	\$300.
Raffle Quilt net	\$2,000.
Small Quilt Auction net	\$650.
Misc. Sales (pins, bags)	\$25.

Total Income \$5,475.

EXPENSES:

Corporate Filing	\$30.
Liability Insurance	\$500.
Miscellaneous	\$50.
Office Supplies	\$50.
P.O. Box Rental	\$58.
Rack Expenses	\$300.
Rent, General Meetings	\$1,200.
Sales Tax License	\$16.
Trailer Registration & Insurance	\$28.
Trailer/Equipment/Storage	\$360.
Web Page	\$75.

Total Administrative Expenses . \$2,667.

President	\$500.
Memorial Gifts	\$100.
Hospitality	\$100.
Membership	\$100.
Newsletter	\$900.
Outreach	\$400.
Fair	\$800.
Men's Auxiliary	\$100.
Program	\$1000.
Public Relations	\$50.
Christmas Party	\$200.

Total Outreach Expenses \$4,250.

Total Expenses \$6,917.

Income minus Expenses (\$1,442.)

***To be funded from balances rolled forward

*Respectfully submitted by
Linda Mount, Treasurer*

Programs for 2009

January – Transition meeting

February – Pat Akers and Beth Emrich: "You've Come A Long Way Babe."

March – Allison Goss: Fabric painting, her quilts and creativity

April – Donna Stahl: Her quilts (Bear quilt)

May – Chris Pfeiffer: Small Quilt Auction show and tell

June – Virginia Robertson

July – Game Night

August – Connie Anderson: Trunk Show

September – Vicki Ezzell: Halloween Goodies

October – Chris Pfeiffer

November – Terri Taylor: Quilting

December – Christmas Party

Challenge Quilts

This year's challenge is:

My Favorite Christmas Memories

- There is no kit.
- There is only one rule: The perimeter cannot be larger than 210".
- The challenge quilt is due at the November General Meeting.
- For questions call: Vicki Ezzell, 884-0572 or Linda Mount, 533-7454

2009 Board of Directors

Chair

Robin Mason
259-7444
Co-Chair
Noel Tambre
259-9049

Treasurer

Linda Mount
533-7454
Co-Treasurer
Celia Bronson
259-1642

Secretary

Sharon Weibel
247-4763
Co-Secretary
Sharon Brittain
385-7455

Program

Shannon Story
259-7026

Membership

Cindy Amidon
588-3345
Co-Membership
Heather Lundquist
247-0505

Newsletter

Marcia Sabeti
382-8504
Co-Newsletter
Susan Geddes
769-2378

Public Relations

Melanie McClaren
259-9116
Co-Public Relations
Pat Akers
884-0144

Outreach

Beth Emrich
259-1863
Co-Outreach
Karen Benson
382-8121

Let's Support Our Locals.

LPQG Members receive a discount on dentistry services at

William F. Fisher DDS
Family Dentistry

2323 West 2nd Ave., Suite E
Durango, CO 81301
Office (970)375-9006

610 Goddard
Ignacio, CO 81137
Office (970)375-9006

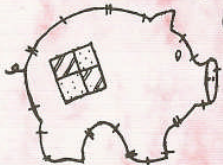
Great deals for LPQG members:

John Percassi
247-8514

Cell Phone
739-0194



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**A SPECIAL THANKS TO
LA PLATA QUILT GUILD**

On August 23rd and October 25th, 2008, 18 members of the La Plata Quilt guild filled and finished sewing 2,241 of a total of 2,894 eye pillows sewn, to donate to the TLC program at Mercy Regional Medical Center. The two sew days were organized by Susan Smith, an employee at Mercy, Beth Emrich and Heather Lundquist. Members of the Guild donated their fabric, supplies, machines, time and \$300. to help buy some of the product used to fill the eye pillows.

Those who participated in the two sew days were: **Pat Akers, Susan Geddes, Faye Gooden, Heather Lundquist, Linda Mount, Robin Mason, Beth Emrich, Susan Smith, Celia Bronson, Britt Toppenberg, Cindy Amidon, Judy Hodges, Letha Cagle, Vicki Ezzell, Mary Richards, Camille Roselius, Noel Tambre and LeeAnn Vallejos.** Additional known Guild members who contributed to sewing eye pillows are **Karen Benson, Alicia Corson, Tom Logan, Barb McCall, Karen Preston, Marian Rizzo, Beth Scales and Gail Schultz.**

Thank you so very much to all of you for your support and help in making/finishing all the eye pillows. Your contributions are helping those stressed with a surgical procedure or diagnosis out of their control.

God bless all of you!
Susan L. Smith

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➡ HOSPITALITY CHAIR NEEDED

This job provides a very worthwhile service for our guild, namely. . . food, the goodies we all look forward to at our meetings. It merely entails lining up a small crew each month to provide said goodies. Call Robin at 259-7444 to step up for this easy, but essential, service opportunity.

Other Guild News...

Picket Fence Hive

The Picket Fence Hive meets the second Thursday of every month at 6:30 p.m. Bring a project or just come to enjoy the company of your fellow quilters. Everyone is welcome! Next meetings:

- **January 8** – Beth Emrich’s house, 407 Hillcrest Dr. Durango. Call Beth at 259-1863 for directions.
- **February 12** – Holly Toppenberg’s house, 809 E.31st St. Durango. Call Holly for directions at 903-1752 (c).
- **March 12** – Celia Bronson’s house, 15 Arrowhead Circle, Durango Call Celia for directions at 259-1642

Honey Bee Hive

Meets the **second Tuesday of the month** from 10:30 am to 2:30 pm at Christ the King Lutheran Church, 495 Florida Rd. Everyone is welcome!

Bear Threads Hive

The Bear Threads Hive will be suspended until further notice.

Quilters Practice Random Acts of Kindness

Noel Tambre and **Gail Schulz** made a quilt called “There’s a Dog On My Quilt”, in memory of Tricia Blair, and then donated it to be auctioned for the benefit of the LaPlata County Humane Society on November 8, 2008. Tricia was a member of the Guild who died unexpectedly last year. As well as quilting, her passion was to train service dogs and she had a real love of our four-legged friends. So it is really wonderful that her husband, Bob, had the winning bid of \$340 for the quilt. He was very pleased to win the bid for this quilt and his plan was to give it to their daughter, Jennifer, as a Christmas gift. Gail also created and donated another quilt named “Diamonds and Dots” to this auction and it sold for \$75.

*Be who you are and say what you feel,
because those who mind don't matter,
and those who matter don't mind.*

----- Dr. Seuss

Birthday Girls!

January Birthdays:

Birth Stone: Garnet
1/3 Shannon Story
1/5 Darlene Fincher
1/20 Monte Mohr
1/30 Carolyn Norton

February Birthdays:

Birth Stone: Amethyst
2/7 Susan Campbell
2/10 Jo Griffin
2/10 Tom Logan
2/13 Linda Mount
2/15 Ramona Adams
2/23 Elena Harper Barnes
2/23 Marietta Powell
2/28 Diane Mattern
2/28 Sandy Newman

March Birthdays:

Birth Stone: Aquamarine
3/2 Karen Benson
3/3 Suzanne Gamble
3/7 Janet Eskins
3/11 Celia Bronson
3/11 Marian Rizzo
3/23 Mary Richards

Your Sign

Dec. 22 - Jan. 20
Capricorn
(The Sea-goat)
Keyword: “I use”.
Element: Earth

Jan. 21 – Feb. 19
Aquarius
(The Water Carrier)
Keyword: “I know”.
Element: Air

Feb. 20 – Mar. 20
Pisces
(The Fish)
Keyword: “I believe”.
Element: Water

March 21 – April 20
Aries
(The Ram)
Keyword: “I am”.
Element: Fire

What Every Quilter Should Know

- ◆ **General meetings** are on the 4th Thursday of every month except November (3rd Thursday) and December (no meeting). Occasionally, there are exceptions to this rule, so check your newsletter carefully. Meetings take place in the Fellowship Hall of Christ the King Lutheran Church, 495 Florida Road in Durango. Social time starts at 5:30 p.m. and the meeting starts at 6:00 p.m.
- ◆ **Board meetings** take place on the first Thursday of each month at Christ the King Lutheran Church. All members of LPQG are welcome to attend Board meetings, whether they wish to participate or just observe.
- ◆ **Hives** are casual gatherings of LPQG members, usually held in members' homes once per month. Hives are open to all LPQG members – just contact the hostess to let her know you're coming. Check page 6 of this Newsletter for details on all of the hives currently in existence.
- ◆ We have a **block of the month** each month. All LPQG members are encouraged to participate. Just pick up a pattern from the program table and make the block for the following month. Then turn in your block at the next meeting to contribute to the Public Outreach Project. There will be a sew day once a month to put the blocks together.
- ◆ The **Annual Small Quilt Benefit Auction** is held on the first Sunday of June each year. LPQG members are asked to donate a small quilt for the auction, with the proceeds being donated to local charitable groups.
- ◆ Our **Outreach** programs are our connection to the community. We make quilts to donate to various organizations each year. Announcements and information are always in the newsletter and at meetings.
- ◆ We make a **raffle quilt** each year. LPQG members make the raffle quilt and tickets go on sale in early April. The drawing is held at the La Plata County Fair.
- ◆ LPQG is the Superintendent of the quilt section of **La Plata County Fair**. In this capacity, we take in the quilts, hire judges, hang the quilt display, and protect the quilts during the time the Fair is open to the public.
- ◆ LPQG has a **quilt show** in the even numbered years during the fall. All LPQG members are encouraged to show their quilts.
- ◆ We wear **nametags** to get to know each other. If you forget to wear yours, you need to pay a quarter at the sign-in table. You can also pick up a sticky nametag there.
- ◆ The **Hospitality Committee** organizes our snacks for each meeting, plus setting up all the tables and chairs we need. Signup sheets are passed around regularly, so please be sure to lend a hand.
- ◆ The **Board of Directors** is here to answer your questions. Please feel free to contact anyone on the Board.
- ◆ We have a website! Information about the guild, past newsletters, current events and Blocks of the Month can be found at www.lpqg.org

2009 Committee Chairs

Block of the Month
Kerianne Zdimal
426-8488

Door Prizes
Chris Pfeiffer
739-1982

Fair
Noel Tambre
259-9049
Mary Richards
247-3413
Barb Morgan
259-1079

Hospitality
Pat Akers
884-0144

Raffle License/Tickets
Celia Bronson
259-1642

Raffle Quilt
Karen Benson
382-8121

Saturday Workshops
Beth Emrich
259-1863

Small Quilt Auction
Chris Pfeiffer
739-1982

Christmas Party
Linda Mount
533-7454

Other Happenings

Annual Four Corners Gathering

**Four Corners Quilters Presents Sally Collins
Friday - Sunday, April 3 - 5, 2009 Durango, CO**

Join us for 3 days of fun and learn something new in the process! We will have 3 incredible workshops with Sally plus our annual luncheon. Sally's presentation will introduce you to a unique, fresh approach to quilt making. Both quilts and slides support how she works in a small scale successfully and explains why it is just as exciting as full scale work. Join Sally as she shares quilts that excite the eye, challenge the hand and tempt the imagination.

LUNCHEON - \$35.00

Saturday, April 4, 2008

**Entertainment – Small Scale Quiltmaking
Durango Community Recreation Center,
2700 Main Avenue Durango, Colorado**

9:00 am to 9:45 am Registration

**10:00 am to Noon The best show and tell on
the Western Slopes!**

Noon to 1:00 pm Lunch

1:00 pm to 2:30 pm Entertainment

We are trying something new this year. We are presenting two NO Sew Classes on Friday. All you need to bring is a pencil, paper and maybe a chair cushion. Sally does all of the work while you sit back and enjoy. On Sunday, we are offering a hands-on, skill-boosting sewing class. All classes will be held at:

**The First National Bank of Durango,
259 West 9th Street**

For questions/more information contact:

Barb Morgan (970)-259-1079,
E-mail: rbcc@frontier.net

Jill Fischer (970) 375-9744,
E-mail: mjffischer@frontier.net

Ooo! Ahh! WOW! A Quilting Cruise to Norway

This a 13 day Quilting Cruise to Norway, **July 7 - 13, 2009**, which includes 4 days of quilting workshops while at sea. The Cruise departs from Southampton, England (near London). Jackie organized a trip to Panama last year which was a great success, and we're planning to have a terrific time - AGAIN!

Please contact Jackie at Animas Quilts for more information, or visit her website.

Email: jackie@animas.com

Web site: www.animas.com and scroll down near the bottom of the site for the "Cruise to Norway" information.

If you are interested - want to ask questions, or Book . . . E-mail Jackie at jackie@animas.com

Happy Trails - Jackie Robinson
Animas Quilts
830 Douglas Hill Road
Eureka, MT 59917
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www.animas.com



The **Deadline** for the next newsletter is the March meeting – Thurs., **March20,2009**.

You can e-mail your newsletter items to me at msabeti@aol.com (preferred, and couldja send it as an attachment?) or put your hand-written items in the Newsletter basket next to the Program table at the back of the meeting room. Thanks!

Marcia Sabeti, Newsletter Editor

Ask Polly

Dear Polly,

I made a New Years resolution last year to get my quilting in order and I must admit that I failed miserably. My sewing room is a mess. My closet that I keep unfinished projects (and all my un-started projects) in is a disaster. I feel really crummy about my failure to achieve this promise to myself and have a hard time relaxing to sew with a mess surrounding me. I would like to make the same resolution this year but am afraid that if I fail again it will just be too demoralizing. Do you have any help for me? I am a mess!!

Suzie the Slob!

Dear Susie,

This time of the year Polly gets lots of questions from her faithful readers about New Year's resolutions. They vary slightly but my advice is the same for all my followers. It is easier to achieve any goal if you break it down into parts. You cannot eat the whole elephant in one sitting. (What a disgusting thought that is....)

First, write down your goal in a small notebook. Then write down the smaller steps with a tentative deadline to complete each part. It is a work in progress but I usually feel that I am making headway as I check off each step; I am encouraged to go forward with the next part. I have a similar goal and here is how I plan to succeed.

When I look at my sewing room I see a mass of quilting magazines that have accumulated over the years. I see piles of notions and bags of fabric stash. I have tons of patterns that are in a drawer. So I will put the notions and stash in a closet where I cannot see it and I will attach the magazines first. I think I get 4 or 5 a month and many of them have one or two projects that I would like to try. I want to clean up the paper but do not want to just rearrange the clutter. I went out and bought a three ring binder and some slip covers that fit in it. I plan to go through the magazines in the evenings and take out the pages for the projects that I like and then I will recycle the rest of the magazine. I started this project last month and found that many of them have nothing that I am interested in working on and some have three or four projects each. It feels great to get through each small stack and it feels really good to get rid of the unwanted parts. I did cancel my subscription to one magazine because I did not find anything that I wanted to keep in a whole year. Once I get caught up on the magazines I plan to attack my patterns. Then I will move on to my notions and finally my fabric stash. If I get through the magazines and the patterns by the beginning of the summer I will feel like I am a star!

Hope this helps and good luck with your year!

Polly

A Few (Ha!) Words From Your Beloved Editor

Okay, I'm going to start off with a BIG *mea culpa* about the whole monkey thing. The true story is that in 2005 when I was prez and the guild was looking for a newsletter editor for 2006 I thought I would make a pitch in the newsletter to get an editor. What I *said* was that Chris Pfeifer (then editor) had the Newsletter so streamlined that a monkey could edit it. Omigod! You would have thought I had said that someone should have a sex change in order to be a newsletter editor. Well, now I am that editor and I can only say, "Where are those smart, trans-gendered monkeys?" This has been a big learning curve for me and I even sent a few whining E-mails to the board voicing my doubts that I could do it. You *know* what they said: "Of course you can do it. We'll help you." And that has proven to be very true. Over the years I have observed that the main qualification for most volunteer jobs is that you have a pulse and are breathing. The happy ending is that I LOVE doing this newsletter. I'm thinking of volunteering to do newsletters all over the county. (One of you out there has to stop me from doing that!) The only other scary thing is that while I have written articles for newsletters in the past (including this one) I have never written an article where no one is going to edit me. I will *mea culpa* in advance for that, don't send me letters, e-mails, etc. Do send me your articles in on time and if you send them as an E-mail attachment so I don't have to re-type it you will be my new best friend.

xxooxxoo, Marcia

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JUST IN! STARR HAND DYED FABRIC AND KITS.

Lots of Classes in January, February, March:

Saturday, January 24 -10:00 to 5:00 - Jelly Roll Sampler Quilt - Susan -- \$35.00

Saturday, January 31 -10:00 to 5:00 - Hot Ribbon Applique - Sonja -- \$35.00

Saturday, February 7 - 9:30 to 12:30 - Beginning Machine Quilting - Barb Morgan -- \$15.00

Saturday, February 14 -10:00 to 4:00 - A Forest of Quilts - Stella -- \$30.00

Sunday, February 8, 15, 22 - 12:30 to 4:30 - Intermediate Techniques - Susan -- \$60.00

Saturday, February 21 -10:00 to 5:00 - Bali Bags - Diane -- \$35.00

Friday, February 27 - 6:00 to 9:00pm and Saturday, February 28 - 9:30 to 5:00 - \$199.00

Batik Buddies Class - Judy - includes fabric for 2 people and class for 2 people

Saturday, March 7 - 10:00 to 5:00 - French Braid Brights - Margien - \$35.00

Saturday, March 14 - 9:30 to 12:30 - Advanced Machine Quilting - Barb Morgan - \$15.00

Saturday, March 21 - 10:00 to 4:00 - Astrological Table Runner - Stella - \$30.00

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alberta@berminafourcorners.com • www.berminafourcorners.com

BERNINA



NORTH WOODS BEAN SOUP from *Cooking Light Magazine*
So easy, so good, low cal. Quilt all day and then whip this up in half an hour.

- Cooking spray
- 1 cup baby carrots, halved
- 1 cup chopped onion
- 2 garlic cloves, minced
- 7 ounces turkey kielbasa, halved lengthwise and cut into $\frac{1}{2}$ -inch pieces
- 4 cups fat-free, less-sodium chicken broth
- $\frac{1}{2}$ teaspoon dried Italian seasoning
- $\frac{1}{2}$ teaspoon black pepper
- 2 (15.8-ounce) cans Great Northern beans, drained and rinsed
- 1 (6-ounce) bag fresh baby spinach leaves

1. Heat a large saucepan coated with cooking spray over medium-high heat. Add carrots, onion, garlic, and kielbasa; sauté 3 minutes, stirring occasionally. Reduce heat to medium; cook 5 minutes. Add the broth, Italian seasoning, pepper, and beans. Bring to a boil, reduce heat, and simmer 5 minutes.
2. Place 2 cups of the soup in a food processor or blender, and process until smooth. Return the pureed mixture to pan. Simmer and additional 5 minutes. Remove soup from heat. Add the spinach, stirring until spinach wilts.

Yield: 5 servings (serving size: about 1 $\frac{1}{2}$ cups)

La Plata Quilters Guild Membership

Membership runs from January 1 – December 31 of each year. Renewing is easy: just fill out the form below and turn it in with your dues at the January meeting. If you won't be attending the meeting, please mail your check and membership form to LPQG, P.O. Box 2355, Durango, CO 81302 **Thanks! Dues are \$25.00 for 2009.**

Name _____ Birthday Month&Day _____

Mailing Address _____

City _____ State _____ Zip _____

Home Phone _____ Work or Cell _____

E-mail _____ News Letter/ Snail mail _____ Web Site _____

New Member _____ Renewed Member _____

LPQG does not share or sell its mailing list to anyone! Mailing lists are used by LPQG members for guild business only.

Meeting Information

La Plata Quilters Guild

Our Meetings are held the 4th Thursday of every month (except November and December) at Christ the King Lutheran Church 495 Florida Road Durango, CO

5:30 p.m. Social Time

6:00 p.m. General Meeting

Don't Forget...

Your Nametag or
25¢ fine
Show & Tell

We're on the Web!

See us at:

www.lpqg.org

General Meetings

- **January 22** – Transition Meeting
- **February 26** – Pat Akers and Beth Emrich: "You've Come A Long Way Babe"
- **March 26** – Allison Goss: Fabric Painting

Board Meetings

- **January 22**
- **February 26**
- **March 26**

All LPQG Board of Directors Meetings are held at Christ the King Church, 495 Florida Road. The meeting will begin at 5:00 p.m. before the General Meeting. All Board Members are expected to attend.

Head's Up! Small Quilt Auction Coming

- **Date:** June 7, 2008
- **Time:** Preview starts at 12:00 noon, Auction starts at 1:00 pm
- Save the date for our 10th Annual Small Quilt Benefit Auction.

This will be a great one!

LA PLATA QUILTERS GUILD
P.O. BOX 2355
DURANGO, CO 81302